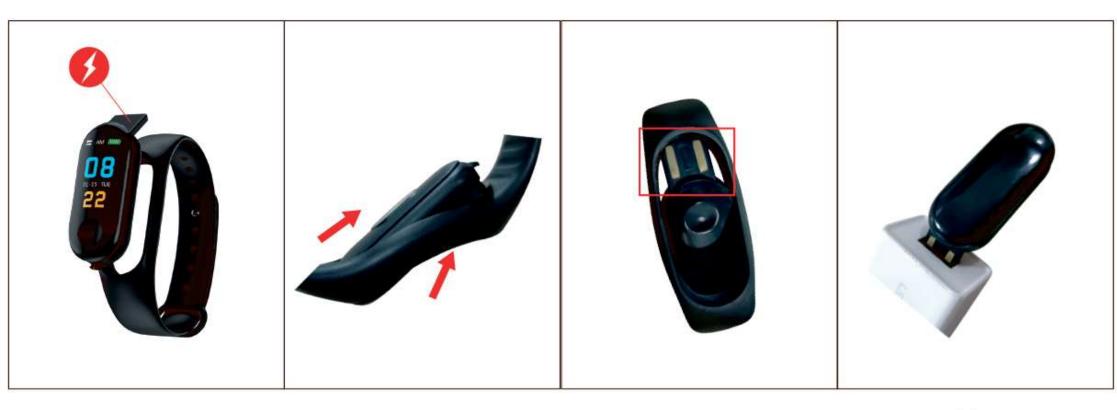
How to charge DENVER BFH-155



USB charging port in top of the pedometer

Push one side of the pedometer out, and pull

Then you will find the USB charging port

Insert it into a PC, or USB charger to charge the fitness band