# **DENVER** SW-350 Smart Watch Operation Instructions



Thank you for choosing our product. Please read the instructions carefully before use.

## 1. Turn On

Automatic turn-on after charging.





Note: The Watch must be charged and activated before the first use. Please use the original power adapter to charge the Watch.

## 2.Download and Install Denver Fit 1 APP

Download " Denver Fit 1 " app from App Store or Google Play and install it on your smartphone.

Note: System requirements areas below.





iOS 9.0 and above

Android 4.4 and above

#### 3. Connect to smartphone correctly.

# Correct operation: Pair the Wrong connection: Pair the Watch via Bluetooth in phone settings

#### 4. Bind the Watch

Watch via APP

on your phone.

Slide down on the home screen of the app to displaythe binding request. Select the product model, and tap "Confirm Binding" tocomplete binding.



# Place secreta desse

Spirit

Screen —



#### Introductions to Sports Functions

### 1. Activate Sports





## 2. Start Sports



When Sports is activated, the Watch will show sports countdown. Sports starts after the countdown.

## 3. Operations during Sports

/DOW/N butte Slide left/right

In screen unlocking state

#### 4. Reminder about heart rate during sports

During sports, the Watch will continuously detect currentheart rate. If the current heart rate exceeds the maximum heartrate the Watch will remind you to reduce sports intensity or stopsports through vibration and alarm information. Set your safe heart rate reminder through More> Heart ratezone > User defined max, heart rate in the mobile app.

## 5. Pause or Stop Sports Pause sports:

In the screen unlockingstate, press and hold the UP button to pause sports. Tap the Continue icon to resume sports in the pause state. slide the screen up to view the current sports data.





#### Stop sports

In the pause state, select the stop icon to stop sports. After sports. the Watch will keep details of the sports. Viewsports details in sports



## 1. Health Data



Enter the Health data interface to view the accumulated steps, calories and distances when wearing the Watch on a day.

#### 2 Notifications

## Turn on smart reminder

When it is in use, you need to turn on "Smart Reminder" on the app. Select your desired notification types for activation. This function requires the connectionbetween the Watchand your smartphone.

#### View message

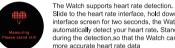
When receiving message, the Watch will vibrate for reminder. If the message is not immediately viewed after being received slide the

### Delete message

delete themessage.

all messages.

#### 3. Heart Rate



Slide to the heart rate interface, hold down the interface screen for two seconds, the Watch will automatically detect your heart rate. Stand still during the detection so that the Watch can output more accurate heart rate data

Weather function allows you keep track of the

weather in your city. Weather data is obtained

through mobile phone network, so it requires the

connection between the Watch and the phone to

Note: To improve the accuracy of heart rate detection, wear the Watch correctly and keep clean the part in contact with your skin.

timely update weather data.

#### 4 Weather

screen down to view the message.

The Watch can save the most recent 12 notifications. Beyondthe limit the earliest notice will be automatically deleted once new notification is received. When the notification contents exceed one screen, it will be displayed continuously on themessage list interface. Slide left a single message box to display the Delete icon, and tap the Delete icon to

Slide down from the top of message list, and tap the Clear icon toclear

#### 5. More Functions

#### Stopwatch

You canrecordmultiple times of stopwatch.

You can set count-down. The Watch vibratesfor reminder after the count-down is over.

## Alarm clock

You can set alarm through the mobile ann

The vibration will last 20 seconds if the alarm is not switched off The vibration occurs again as alarm after 5 minutes. Press the UP/DOWN

button to pause the alarm, and after5minutes the alarm will remind again. PressUP/DOWN button to turn offthe alarm reminder

#### Call reminder

Call reminder can be set through themobile app. Turn on Call Reminder function and keep the connection between the Watch and the phone. When thereis an incoming call, the Watch will vibrate for reminder.

Close the call pop-up by pressing the UP/DOWN button. PressUP/DOWN buttonto reject the call.

#### 6. Control Center

#### DND mode

Slide up once on the dial interface to enter the control centerinterface. Tap the DND icon lighten the icon ( ) DND mode is on. Tap the DND icon again to dim the icon ( ), DND mode if off,

## Brightness adjustment

Slide up once on the dial interface to enter the control centerinterface. Brightness level is setas Level 2 by default. Tap the brightness icon ( 🚳 ) to togglebrightness levelsamong Level 1, Level 2 and Level 3.

System settings Slide up once on the dial interface to enter the control enterinterface

and tap the System Setting icon (6) to enter the system settings.

You can make the following settings through the System settings. Dial settings: Tap and enter this function to switch different dialing

When the alarm time comes, the Watchvihrates for reminder Factory data reset settings; tap to enter the factory data resetting procedure Firmware information: tan and enter to view firmwarein formation

> and Bluetooth address. Please notice - All products are subject to change without any notice.

sports style through pressing andholing UP button.

Pressing and holding UP button: tap and enterthis function to set

We take reservations for errors and omissions in the manual

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This device complies with Part 15 of the ECC Rules. Operation is

(2) this device must accept any interference received, including

Electric and electronic equipment and included batteries contains

materials, components and substances that can be hazardous to your

(1) this device may not cause harmful interference, and

interference that may cause undesired operation.

subject to the following two conditions:



Operating Frequency Range: 2402-2480MHz

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health and the environment, if the waste material (discarded electric and electronic equipment and batteries) is not handled correctly.

As the end user it is important that you submit your used batteries to the appropriate and designated facility. In this manner you make sure that the batteries are recycled in accordance with legislature and will

not harm the environment

All cities have established collection points, where electric and electronic equipment and batteries can either be submitted free of

charge at ecycling stations and other collection sites, or be collected from the households. Additional information is available at the technical department of your city. Hereby, Inter Sales A/S declares that the radio equipment type

Electric and electronic equipment and batteries is marked with the

crossed out trash can symbol, seen above. This symbol signifies that

electric and electronic equipment and batteries should not be disposed

of with other household waste, but should be disposed of separately

SW-350 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address:www.denver-electronics.comand then click the search ICON on topline of website. Write modelnumber: SW-350 Now enter product page, and red directive is found under downloads

/other downloads.

Max Output Power: -3.04dBm Warning Lithium battery inside

Omega 5A, Soeften DK-8382 Hinnerup

Denmark

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